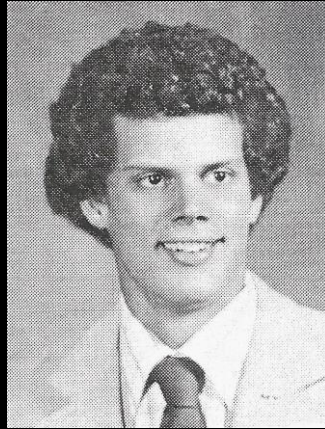




Albert Lea High School  
Athletic Hall of Fame  
2021 Inductee



**Jon Schmitz**  
Class of 1979  
Swimming

### Jon Schmitz

Jon Schmitz graduated from Albert Lea High School in 1979. While in high school, Schmitz lettered four times in swimming, where he achieved All-Conference and All-State honors. He also lettered twice in track & field. He was part of a 200-yard medley relay team as state champions in 1978 as well as All-American honorable mention. In 1979 he was the state champion in the 100-yard butterfly, setting Albert Lea, Big Nine, and Region records along the way. He was a four-time letter winner in swimming at Bemidji State where he was a four-time All-American. Schmitz is a retired ALHS physical education teacher where he coached both the boys' and girls' swimming programs for 26 years.