

Long before the current trend to specialize in one high school sport, there were many that would compete in all three seasons. Although many would play in multiple seasons, it was rare to find an athlete like John Goodmanson who excelled in all three. John was a multi-year, three-sport All-Conference performer in football, basketball, and baseball. He contributed not only on the field, but also off by serving as team captain as well. John was the AL Tigers quarterback where he was named team MVP, awarded WCCO Player of the Week, and also named unanimous selection for the Big 9 All-Conference team. On the basketball court, John was a guard who was a unanimous two-time all-league first team pick, and set the 1963 Big 9 scoring title. While playing baseball for Albert Lea, John was a versatile player who often pitched, but then played multiple other positions when needed.

Each sport had a special place in John's heart, but ultimately baseball won out when John turned down a football offer from Dartmouth and in turn played baseball for St. Olaf. After graduating from St. Olaf, John attended law school at the University of Minnesota and served in the US Army before returning to Albert Lea with his wife Kay. Albert Lea remained home for John, Kay, and their children Stacey and Phil. Congratulations to the John Goodmanson Family