



**JON SCHMITZ** graduated from Albert Lea High School in 1979. While in high school, Schmitz lettered four times in swimming, where he achieved All-Conference and All-State honors. He also lettered twice in track & field. He was part of a 200-yard medley relay team as state champions in 1978 as well as All-American honorable mention. In 1979, he was the state champion in the 100-yard butterfly, setting Albert Lea, Big Nine and Region records along the way. He was a four-time letter winner in swimming at Bemidji State where he was a four-time All-American. Schmitz teaches high school physical education in Albert Lea and has coached both the boys' and girls' swimming programs over the past 26 years. Jon and his family reside in Albert Lea.