

TRICIA (REICHL) CYR graduated from Albert Lea High School in 1984. While in high school she was a three time letter-winner in volleyball. She was named to the Big Nine All-Conference team twice in volleyball and was a two-time captain for the Tigers, including her senior year where the Tigers became the first and only volleyball team to make it to the state tournament. She ran track as a freshman and also lettered twice in basketball for the Tigers being captain her senior season. She continued her volleyball career at North Dakota State, where she was a four-year letter winner, three-time All-Conference and was a first team All-American. Tricia currently resides in Fargo, North Dakota where she is a business and leadership coach with Mary Kay, Inc.