



Jeff Brooke graduated from Albert Lea High School in 1962 where he was an accomplished football player, wrestler and track and field athlete. As a 175 pound and heavyweight wrestler, Brooke compiled a 59 – 9 record, which included 39 pins. Brooke was state champion at heavyweight in 1961 and Big 9 Conference champion at 175 in 1960. He was also a three - time District and Regional champion and was a letter winner four years in wrestling.

As a football player, Brooke was a four-year letter winner and co-captain in 1961. He was twice named All-Conference and led the Tigers to a Big Nine championship in 1960 and finished third in 1959.

On the track and field team, Brooke competed in the discus throw, shot put and 440-meter relay. He was district champion in discus and shot put, and set ALHS school records in both

After graduation, Brooke continued in athletics at Northwestern University in Evanston, Ill. There he wrestled and was a three – year letter winner on the football team, including team captain in 1965.